

## **TREATMENTS:**

### **Chakra Connection (Chakra Joy) (The 'I Can Do It')**

*50 minutes. Stabilizing head to toe connections, using touch, to restore inner balance and overall alignment while allowing you to fully relax and receive. Chakra Connection is especially good at the start of the day or before an important event, because it sets you up with excellent grounding and an 'I can do it' feeling. Includes etheric cleansing, part and parcel of many holistic healing treatments.*

*Medically, this treatment is recommended for those with emotional upset, a case of the jitters, or when feeling scattered without knowing why.*

*Price: \$144*

### **Neural Pathways (The Stabilizer) (The Golden Mean) (The Reboot)**

*50 minutes. A deeply fortifying treatment weaving a transmission of pure gold into the nervous system. Holding the highest healing vibration, the emanation of gold is 'uploaded' into your energy body. Particularly good when feeling overstressed, this treatment almost magically banishes fatigue and helps you feel calm and alert. Time allowing, this will include etheric cleansing as well.*

*Medically, this treatment is recommended for those with neurological and musculoskeletal conditions and anyone recovering from illness, injury, or surgery.*

*Price: \$144*

### **Star Point Activation Procedure (Smooth Sailing) (A Breath of Fresh Air)**

*50 minutes. Clearing blockages and stagnant energy, this recharges the body's own ability to recalibrate and self-heal. This treatment is gently physical, including joint manipulation and light traction, but concludes with a quiet, integrating technique that enables your body, mind and spirit to calmly commune. This treatment includes etheric cleansing as well.*

*Medically, this treatment is recommended for healthy individuals who are fine with gentle touch, who'd like to let go of 'old stuff', have better energy levels, and want to sleep better.*

*Price: \$144*

### **Energy Healing Sampler (The Sampler)**

*50 minutes. For the first 35, relax and receive the benefits of an energetically-based immune boost and system detox. Follow up with a 15-minute chair treatment combining acupressure with energy work to alleviate tension in your neck and shoulders. This sampler gets you grounded in the nicest of ways! Includes etheric cleansing.*

*Medically, the table treatment is recommended for anyone wanting to boost their immunity and/or to detoxify in the gentlest way possible. The chair session is recommended for anyone with chronic neck and shoulder tension, throat issues, or mild or chronic headache.*

*Price: \$144*

**Book now: 250-629-2100 or [reservations@poetscove.com](mailto:reservations@poetscove.com)**