

SOUPS & SALADS

West Coast Chowder Cup or Bowl Manila Clams, BC Fish, Prawns, Roasted Corn & Pancetta	8 12
Soup of the Day Cup or Bowl Chef's Daily Inspiration	4 8
The Pender Caesar Kale & Romaine Lettuces, Focaccia Crouton, Smoked Bacon, Shaved Parmesan & Grilled Lemon Caesar Dressing	15
Poets Artisan Greens V Baby Beets, Feta Croutons, Toasted Pecans, Oven Dried Tomatoes, Aged Sherry Vinaigrette	15
West Coast Wedge Romaine Heart, Crispy Calamari, Baby Shrimp, Fennel, Red Onion, Cherry Tomatoes & Lemon Riesling Dressing	17
ADDITIONS Citrus BBQ Chicken + 7 Grilled Salmon + 12 Five Lemon Garlic Shrimp + 7	

SHARED PLATES

Truffle Parmesan & Herb Fries V Hand Cut Fries, Lemon Herb Mayo	9
Tuna Tartar Tower GF Option Available Yellowfin Tuna, Ginger, Lime, Sesame, Scallion, Avocado, Togarashi Wonton Crisps & Sweet Soy Glaze	14
Chickpea & Olive Tapenade V Crisp Tortillas & Vegetable Chips	12
Kale & Roast Garlic Artichoke Dip V Warm Naan & Tortillas ADDITIONS Crab + 5	14
Coconut Prawns Mango Chutney	14
Crispy Calamari Preserved Lemon & Dill Aioli, Spring Onions	15
Buttermilk Chicken Wings Hot, Honey Garlic, BBQ or Korean Chili, Crudités & Ranch Dip	15
Korean Cauliflower Tempura "Wings" V 🌶️ Toasted Sesame, Scallions, Korean Chili Sauce	13
Poets Nachos V Tortilla Chips Layered with Tomatoes, Jalapeños, Olives, Scallions, Aged Cheddar ADDITIONS Chicken or Beef + 5 Guacamole + 3	18
Salish "Seacuterie" GF Option Available Candied & Smoked Salmon, Mason Jar Pickled Vegetables, Warm Baguette, Whipped Fennel Butter, Lavender Rosemary Stone Mustard, Capers Berries & Hot Peppers	18

V - Vegetarian Dishes | GF - Gluten Free Dishes | 🌶️ - Spicy Dishes
* Please make your server is made aware of any dietary restrictions and/or allergies

SANDWICHES & BURGERS

Hand Cut Fries, Caesar or House Salad | **Sub** Yam Fries + 2

Tandoori Chicken Naan Wrap

Tandoori Spice Marinated Chicken, Cucumber Raita, Shaved Lettuce, Red Onion & Tomato

17

Baja Fish Tacos

Tempura Cod, Red Cabbage Slaw & Habanero Lime Mayo

18

The Harbour Burger

House Made Burger, Smoked Gouda, Applewood Bacon, Avocado Green Goddess, Lettuce, Tomato & Pickle

18

The Shepherd's Burger

Glenwood Meats Lamb, Caramelized Onions, Fig Chutney, Goat Cheese, Curry Aioli, Lettuce & Tomato

18

Pacific Coast Black Bean Burger | **V**

Pineapple Salsa, Lime Habanero Aioli, Smoked Tomato Chutney, Avocado & Butter Lettuce

17

ENTREES

Fish & Chips | 1 piece or 2 pieces

Beer Battered Cod, Hand Cut Fries, Apple Fennel Slaw, Lemon Caper Tartar Sauce, Grilled Lemon

17 | 20

Butternut Squash Ravioli | **V**

Green Peas, Asparagus Spears, Shiitake Mushrooms, Confit Tomato, Truffle Cream

19

Butter Chicken | **🔥**

Tandoori Spiced Chicken, Basmati Rice, Cucumber Raita, Mango Chutney, Naan Bread

18

Fire Cracker Chicken | **GF** | **🔥**

Szechuan Shredded Chicken, Cucumber, Scallion, Sesame, Basmati Rice, Szechuan Glaze

17

Steak Frites

8oz CAB Strip Loin, Hand Cut Fries, Peppernota Relish, Braised Portobello, Asparagus, Pan Jus

28

Cantonese Steamed Cod | **GF**

Wok Steamed Cod, Fried Ginger, Scallion, Cilantro, Chili Pepper, Tamari Broth, Fried Long Beans & White Rice

22

Cauliflower Tempura Bowl | **V** | **🔥**

Toasted Quinoa, Edamame, Baby Bok Choy, Korean Chili Sauce, Chives & Sesame Seeds

18

GRILLED DOUBLE ZERO PIZZA

Margherita | **V**

Tomato Sauce, Roasted Garlic, Vine Tomato, Torn Basil, Bocconcini, Mozzarella & Parmesan

17

Meatatarian

Tomato Sauce, Pepperoni, Bacon, Pancetta, Cappicollo, Spicy Ground Beef & Mozzarella

19

Salish Sea

Alfredo Sauce, Prawns, Smoked Salmon, Red Onion, Capers, Cherry Tomatoes, Mozzarella & Parmesan

21