

SOUPS & SALADS

West Coast Chowder | Cup or Bowl 8 | 12
Manilla Clams, BC Fish, Prawns, Roasted Corn & Pancetta

Soup of the Day | Cup or Bowl 4 | 8
Chef's Daily Inspiration

The Pender Caesar 14
Kale & Romaine Lettuces, Focaccia Crouton, Smoked Bacon, Shaved Parmesan & Grilled Lemon Caesar Dressing

Poets Artisan Greens | V 15
Baby Beets, Feta Croutons, Toasted Pecans, Sweet n' Sour Grape Tomatoes, Aged Sherry Vinaigrette with a Radish & Balsamic Drizzle Garnish

Syrens Salad | V&GF 14
Mango, Avocado, Blueberries, Oven Dried Grape Tomatoes, Almonds, Artisan Greens & a Chimichurri Vinaigrette

ADDITIONS | Citrus BBQ Chicken + 7 | Grilled Salmon + 12 | Five Lemon Garlic Shrimp + 7

SHARED PLATES

Yam Fries | V 8
Curry Aioli

Truffle Parmesan & Herb Fries | V 9
Hand Cut Fries, Lemon Herb Mayo

Chickpea & Olive Tapenade | V 12
Crisp Tortillas & Vegetable Chips

Kale & Roast Garlic Artichoke Dip | V 13
Warm Naan & Tortillas
ADDITIONS | Crab + 5

Coconut Prawns 14
Mango Chutney

Crispy Calamari 14
Preserved Lemon & Dill Aioli, Spring Onions

Buttermilk Chicken Wings 14
Hot, Honey Garlic, BBQ or Korean Chili, Crudités & Ranch Dip

Korean Cauliflower Tempura "Wings" | V 11
Toasted Sesame, Scallions, Korean Chili Sauce

Poets Nacho's | V 17
Tortilla Chips Layered with Tomatoes, Jalapeños, Olives, Scallions, Aged Cheddar
ADDITIONS | Chicken or Beef + 5 | Guacamole + 3

BC Salmon Duo 17
Smoked Salmon on Sweet Potato Cakes & Candied Salmon, Pickled Cucumber, Capers, Onion Marmalade, Bagel



SANDWICHES & BURGERS

Hand Cut Fries, Caesar or House Salad | Add Yam Fries + 2

Tandoori Chicken Naan Wrap Tandoori Spice Marinated Chicken, Cucumber Raita, Shaved Lettuce, Red Onion & Tomato	16
Baja Fish Taco's Tempura Cod, Red Cabbage Slaw & Habanero Lime Mayo	17
Shanghai Pork Belly Bao Slider Buns Jalapeno Slaw, Pickled Shallot & Carrot, Cilantro	18
The Harbour Burger House Made Burger, Smoked Gouda, Applewood Bacon, Avocado Green Goddess, Lettuce, Tomato & Pickle	17
The Shepherd's Burger Glenwood Meats Lamb, Caramelized Onions, Fig Chutney, Goat Cheese, Curry Aioli, Lettuce & Tomato	18
Pacific Coast Black Bean Burger V Pineapple Salsa, Lime Habanero Aioli, Smoked Tomato Chutney, Avocado & Iceberg Lettuce	17

ENTREES

Fish & Chips 1 piece or 2 pieces Beer Battered Cod, Hand Cut Fries, Apple Fennel Slaw, Lemon Caper Tartar Sauce, Grilled Lemon	16 19
Butternut Squash Ravioli V Green Peas, Asparagus Spears, Shiitake Mushrooms, Confit Tomato, Truffle Beurre Blanc	19
Butter Chicken Tandoori Spiced Chicken, Basmati Rice, Cucumber Raita, Mango Chutney, Naan Bread	18
Fire Cracker Chicken Szechuan Shredded Chicken, Cucumber, Scallion, Sesame, Basmati Rice, Szechuan Glaze	17
Steak Frites 8oz CAB Strip Loin, Hand Cut Fries, Peppernota Relish, Braised Portobello, Asparagus, Pan Jus	27
Raw Tuna Poke Bowl GF Wakame, Brown Rice, Edamame, Cucumber, Scallions, Sweet Soy & Szechuan Glaze	21
Cauliflower Tempura Bowl V Toasted Quinoa, Edamame, Baby Bok Choy, Korean Chili Sauce Garnish Chives and Sesame Seeds	17

V - Represents Vegetarian Dishes | **GF** - Represents Gluten Free Dishes
* Please make your server aware of any dietary restrictions and/or allergies

